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| Activity | Duration | Description | Talking points |
| **Ice Breaker** | 10 min | * Two Truths and a lie * Marooned on an Island * Don’t smile * Backwards Name | Use your favorite Ice Breaker to warm up the teens interaction. |
| **Video** | 3 min |  | * Before we get started I want you to hear from some of your peers about what we mean by Web Lit Legit |
| **Ignite - PowerPoint with built in timing or PowerPoint at your own pace.** | 5 min | Slide 1-intro | * Is your Web Lit Legit? * Use the Ignite version and have students ask questions at the end, Or * Use the untimed version and they can ask questions as you progress. |
|  |  | Slide 2- What health info interests teens? | * Report out on Recent Survey * How would you find info about these things? * How do you know if it is trustworthy/true. |
|  |  | Slide 3- What is E-health Literacy? | * **Definition**-your ability to look for, find, understand and consider health information from electronic sources and apply the knowledge to address or solve a health problem. * Part of it is knowing if it can be trusted. |
|  |  | Slide 4- Why is E-health Literacy Important? | * Manage health and behaviors * Find proper information over topics |
|  |  | Slide 5- Evaluating Health Websites- Is your Web Lit Legit? | * 5 Steps:   1) Who runs the site  2) Keeping your info confidential  3) Last revision  4) Backed by research  5) Why does it exist (to sell you something?) |
|  |  | Slide 6- LEGIT | * Easy acronym to help you remember what to look for |
|  |  | Slides 7-: Truth or Trash Example sites. | * Now we are going to go through some GOOD and BAD examples of the 5 steps. |
|  |  | Slide 8: Reliable source? - Truth | * About us- research based * Ex: National Library of medicine |
|  |  | Slide 9: Who runs this site? - Trash | * No clear indication of who runs it/mission statement * No about us. |
|  |  | Slide 10: Can you trust the site? - Truth | * Privacy policy at bottom of page * Truth: they do not collect personal information |
|  |  | Slide 11: Are they sharing your information? - Trash | * Sharing your information with “like-minded organizations” * Gov, policy officials, press * To advance their mission |
|  |  | Slide 12: Opinion or Science-based? - Truth | * Peer reviewed resources |
|  |  | Slide 13: Who runs the site? - Trash | * Random author-who is this guy? * Likely based on opinion |
|  |  | Slide 14: Is it up-to-date? - Truth | * Last review dated * At the bottom |
|  |  | Slide 15: Is it up-to date? -Trash | * Date is from 1978-old * New and relevant developments? |
|  |  | Slide 16: Is it selling something? -Truth | * About us tab- no ads, endorsement * Do not declare public approval of any products * No “too good to be true” promises * No shopping cart |
|  |  | Slide 17: Why do they exist? Are they selling something? | * Shopping cart * Trying to sell you something * Unrealistic promises such as “lose 10 pounds in 3 days!” |
|  |  | Slide 18: Summary of Truth Websites | * Each of the 5 steps check out * Experts, clear privacy policy, reliable references, up to date, not selling. |
|  |  | Slide 19: Summary of Trash Websites | * 5 steps did not check out * Don’t’ know who is running it, gives personal info away, no references, not up-to date, sales-based. |
|  |  | Slide 20: conclusion | * E-health Literacy is becoming more important as we are becoming more reliant on tech/internet * Restate 5 steps |
| **Q & A** | 8 min |  | * Ask teen participants what questions they have about the Video & Ignite. * Briefly discuss Ask Me 3? Handouts |
| **Student Participation:**  Handout and QR Code Sample websites to test your skills.  **Instructor Participation:**  Use QR code evaluation to gage teens’ mastery of the information. | 15 min | Students will practice looking up reliable health information on their phones.  Instructor should go around the room and help as needed while evaluating participant mastery. | * Look up health related information topics on your phone * See if you can use the tips you learned today to identify the 5 criteria for Web Lit Legit |
| **Jeopardy or Kahoot** | 10 min | Break students up into two teams and use the Jeopardy PowerPoint or Kahoot to test their knowledge. | If you don’t have good Internet access, the Jeopardy game is recommended. Kahoot is fun with good Internet access. |
| **Student evaluation form** | 2 min | Teens will complete the Web Lit Legit evaluation form. | * Teens use QR code evaluation to rate usefulness of the workshop. |
| **Questions/Wrap up** | 5 min | Answer questions and give final remarks then, dismiss. | * Instructor uses QR code evaluation to rate workshop deployment & usefulness. |

This project was supported by the National Network of the Libraries of Medicine under Award Number 1UG4LM012345-01. The content is solely the responsibility of the authors and does not necessarily represent the official views of the National Institutes of Medicine.